discipline is the idea that we are to develop self-control. Several verses mention self-control (Gal. 5:23; Tit. 1:8; II Pet.1:6), but I Corinthians 9:27 zeroes in on the issue: "But I buffet my body and make it my slave, lest possibly, after I have preached to others, I myself should be disqualified-We are used to sinning, and it takes an aggressive, daily arousal of our renewed wills to subdue our sinful inclinations.

In fact, the only way to put off sinful habits is to put on godly habits in their place. And we have to be aggressive with ourselves. Imagine two boxers in a ring. If one boxer gains an advantage over his opponent, he doesn't stop the fight. No! He pursues his opponent even more aggressively until the opponent is knocked out. So it is with our old, sinful habits. They aren't to be dealt with lightly. They are to be destroyed! We destroy sinful habits by, once again, recognising them through self-examination and replacing them with godly habits through daily discipline. We are to control our passions, desires, and self-will, by bringing them under Christ's watchful eye, all the while knowing that we can change only as a result of His mercy and power.



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www.mountainsbaptist.org.au

Central Mountains Baptist Church

JUNE 28, 2015

Holiness

Holiness does not happen overnight. It is a result of daily discipline; of saying no to our flesh and yes to Christ. When we receive Christ, we receive a new nature (II Cor. 5:17). Problems arise, however, because we still have many old, sinful habits. As a result of the Holy Spirit living in our lives, we have the insight and power available to recognise and change these habits. "Self-examination" is the process of bringing our lives before God's eyes (through reading the Word, praying, and meditating) and recognising those areas of our lives that He would have us change.

Discipline is the process of ordering our lives so that needed changes are being made in actual day-to-day experience. Closely linked with self-





People

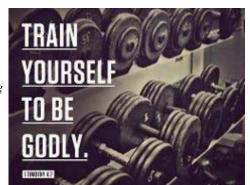
Anyone

(1 Corinthians 15:33) ".. "Evil company corrupts good habits.""

(Luke 22:39) "Coming out, He went to the Mount of Olives, as He was accustomed, and His disciples also followed Him."

(Hebrews 10:25) "not forsaking the assembling of ourselves together, as is the manner of some, but exhorting one another, and so much the more as you see the Day approaching." (1 Timothy 4:7) ".. exercise yourself toward godliness."

We will answer two questions about the habits of a godly man:



1. What

the habits of a godly man?

2 Peter 1:5-8

(Hebrews 1:9) "You have loved righteousness and hated lawlessness; ...""



(Luke 9:23) "Then He said to them all, "If anyone desires to come after Me, let him deny himself, and take up his cross daily, and follow Me."

(Mark 12:29-30) ".. "The first of all the commandments is: 'Hear, O Israel, the LORD our God, the LORD is one. [30] 'And you shall love the LORD your God with all your heart, with all your soul, with all your mind, and with all your strength.' This is the first commandment."

(Galatians 5:22-23) "But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, {23} gentleness, self-control..."

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the Word

His Word

(Romans 10:17) "So then faith comes by hearing, and hearing by the word of

(Luke 11:28) ".. "More than that, blessed are those who hear the word of God and keep it!""

(1 Timothy 4:13) "Till I come, give attention to reading, to exhortation, to



doctrine."

His Word

(Revelation 1:3) "Blessed is he who reads and those who hear the words of this prophecy, and keep those things which are written in it; for the time is near."

(Matthew 5:6) "Blessed are those who hunger and thirst for righteousness, For they shall be filled."

His Word

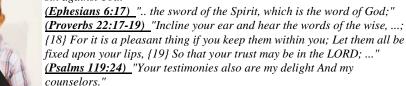
(Ezra 7:10) "For Ezra had prepared his heart to seek the Law of the LORD, and to do it, and to teach statutes and ordinances in Israel."

(2 Timothy 4:13) "Bring the cloak .. when you come; and the books, especially the parchments."



His Word

(Psalms 119:11) "Your word I have hidden in my heart, That I might not sin against You!"



on His Word

(Joshua 1:8) ""This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success."

(Psalms 1:2) "But his delight is in the law of the LORD, And in His law he meditates day and night."

(Philippians 4:8) "Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy; meditate on these things."

(Psalms 119:18) "Open my eyes, that I may see Wondrous things from Your law."

