

PHYSICAL REST

Mark 6 V 7-12 A faith mission. No bag for food storage, no carrying any food when you set off, no money in their money belts and no extra coat.

Mark 6 V 30-31 they had been working physically, mentally and spiritually. They are justly tired and the Lord knows it.

Mark 4 V 35-38 How tired our Lord must have been to sleep through that! How scared these professional fishermen must have been to accuse the Lord of NOT caring for them. He says they have no faith. Note that Mark 4 comes before Mark 6. We gain faith (or trust) in God by obeying Him. In our obedience we see the Lord do His part. The more we obey, the more we experience His faithfulness and then we trust Him more.

2 Corinthians 11 V 23-28 We looked at three things that tire us, physical work, mental work and spiritual work/ warfare. But look at verse 28 this is hard on Paul and it hard on the pastors with just one church to work in. But they always care for more than one. This tiredness needs physical rest.

! Kings 17 V 1 18 V 1-5 Here is a surprise, the governor of Ahabs' household is a God fearing man. Verse 5 is the evidence of his faith courage and commitment.

V 17 - 19 We know the story well. The great victory wrought by great faith, Elijah did invite 450 to come and have it out with him, along with how many supporters?

Then chapter 19 V 1-3 Elijah runs for his life. No faith! Why? He is exhausted! In this state he feels unworthy and wants God to kill him. What led up to this. Paul said the constant care for the churches weighed upon heavily, Elijah has had the constant care for Gods chosen nation on his heart and mind for over three years and thought he was the only one who cared. V 8-10 In this state of physical and spiritual exhaustion he can't think clearly, V 10 " And I alone am left " What about the 100 that Obadiah saved?

We are never alone in the Lords work, there is always a faithful remnant.

So what does God do to Elijah? V 5-7 He lets him sleep. (for two days?) He wakes him only to feed him. V 8 He gives him six weeks holiday. V 11-12 He demonstrates His power to him. V 15-18 He talks with him and tells Elijah some of His plans and how He will use him in them. Tells Elijah that He will give him some help. God corrects his I and I alone thinking in a most encouraging way, There is another seven thousand with you and for me.

P S Mark 6 V 8 The Greek word translated bag is pera, it is a leather pouch for food. I John 12 V 6 & 13 V 29 translated bag is glossokomon. Properly a case to keep mouthpieces of wind-instruments in. But specifically a purse