

good things in life are overwhelmed by the adversities that monopolize our attention.

Rather than concentrating on the trials of life, we should fix our attention on its blessings. Let us say with the psalmist, "Blessed be the Lord, who daily loads us with benefits" (Psalm 68:19).

If we keep praising Him, we won't be distracted by life's little "spots." -- RWD

*So amid the conflict, whether great or small,
Do not be discouraged--God is over all;
Count your many blessings--angels will attend,
Help and comfort give you to your journey's end. --Oatman*

Count your blessings--not your troubles.



Central Mountains Baptist Church

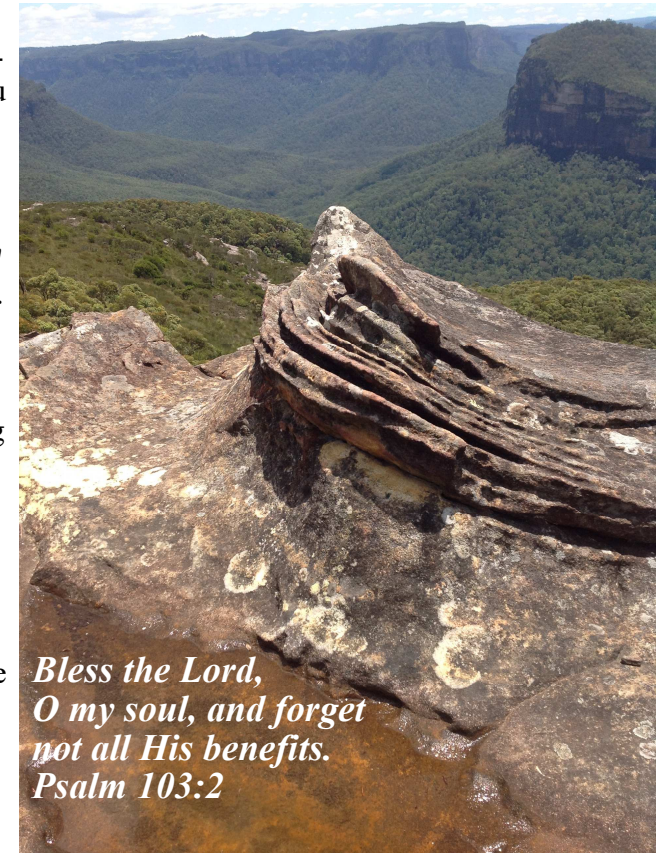
MARCH 7, 2021

Seeing Spots

As a minister was addressing a group of men, he took a large piece of paper and made a black spot in the centre of it with a marking pen. Then he held the paper up before the group and asked them what they saw. One person quickly replied, "I see a black mark."

"Right," the preacher replied. "What else do you see?" Complete silence prevailed. "Don't you see anything other than the black spot?" he asked. A chorus of "No" came from the audience. "I'm surprised," the speaker commented. "You have overlooked the most important thing of all--the sheet of paper."

Then he made the application. In life we are often distracted by small disappointments, and we forget the innumerable blessings we receive from the Lord. But, like the sheet of paper, the





Heart Song

Count Your Blessings

Psalm 103 models two actions that should be part of our lives every day:

1. _____ blessings, verses 2-19

(Ephesians 1:3) Blessed be the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly places in Christ,

#1. F _____, verse 3

(1 John 1:9) If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.

#2. H _____, verse 3

#3. R _____, verse 4

#4. C _____, verse 4

(Revelation 1:6) and has made us kings and priests to His God and Father, ... (1 Peter 2:9) But you are a chosen generation, a royal priesthood, a holy nation, His own special people, that you may proclaim the praises of Him who called you out of darkness into His marvelous light;

#5. P _____, verse 5

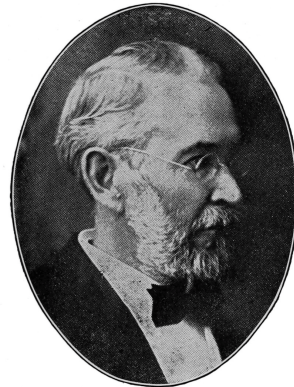
#6. S _____, verse 5

#7. J _____, verse 6

#8. R _____, verse 7

#9. L _____, verses 4, 8-18

(Galatians 5:17) For the flesh lusts against the Spirit, and the Spirit against the flesh; and these are contrary to one another, so that you do not do the things that you wish. (Acts 2:38) ... "Repent, and let every one of you be baptized in the name of Jesus Christ for the remission of sins; and you shall receive the gift of the Holy Spirit.



Johnson Dalton



#10. S _____, verse 19

(Ephesians 1:4-14) .. He chose us in Him ..(Ephesians 1:5) having predestined us to adoption .. (Ephesians 1:6) .. by which He made us accepted in the Beloved. (Ephesians 1:7) In Him we have redemption through His blood, the forgiveness of sins, ... (Ephesians 1:8) ..in all wisdom .. (Ephesians 1:9) having made known to us the mystery of His will, ... (Ephesians 1:11) In Him also we have obtained an inheritance, ... (Ephesians 1:13) ...you were sealed with the Holy Spirit of promise, (Ephesians 1:14) who is the guarantee of our inheritance

2. Bless _____ (who has _____ us), verses 1-2, 20-22



Cleft Lip and palate